

## PATIENT LETTER

[Date]

Dear \_\_\_\_\_,

I am writing to tell you about the availability in **my/our** practice of Stretta® Therapy, a minimally invasive treatment for gastroesophageal reflux disease (GERD), the condition that causes chronic heartburn and regurgitation. If you are taking prescription anti-reflux medications such as proton pump inhibitors (Prilosec, Prevacid, Nexium, etc.) or H2-receptor antagonist drugs (Tagamet, Zantac, Pepcid), and you are not achieving good control of your symptoms, you may benefit from additional therapies that may be available to you, such as Stretta Therapy.

Stretta is a minimally invasive, outpatient procedure that takes approximately 60 minutes to perform. Patients receive conscious sedation (the same sedation used for your endoscopy procedure) and an instrument is passed through the mouth, so there are no visible cuts or scars that result from the procedure. Patients typically go home 1-2 hours after the procedure with the help of a friend or family member. Most patients are able to return to work and their normal activities a few days after treatment, so there is minimal interruption in everyday life.

Clinical studies on Stretta have shown that 86% of patients are off their daily PPIs at 4-years. Most patients experience a significant improvement in GERD symptoms lasting from 4-10 years, as well as a decrease in esophageal acid exposure, and medication requirements.

If you are interested in discussing the additional therapeutic options available to you, please call my office to schedule a consultation. I am enclosing a short brochure regarding the Stretta procedure. You can also learn more about this procedure at [www.stretta-therapy.com](http://www.stretta-therapy.com). I am happy to offer this new procedure in an effort to provide the most comprehensive treatment options for my GERD patients.

Sincerely,

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